Pastor Jenn's Choice List

Skincare categories and recommended products

Compounded / Oestrogen Cream

1. Dr. Pen
2. Derma Stamp
3. Burning Pen
4. Medicube Collagen Night Wrapping Mask



Microderm Abrasion

1. Exuviance Advanced Series Face Polish



Retinol

1. ZO Skin Health by Zein Obagi
2. Retin-A 0.05% (from Modern Menopause)



Sunscreens

1. La Roche-Posay + Philo SPF 50+
2. Neutrogena Hydro Boost Hyaluronic Acid Moisturizer SPF
3. Bondi Sands Face SPF 50+
4. Neutrogena Mineral UV Tint SPF 30



Moisturizers

1. The Inkey List Omega Water Cream
2. Neutrogena Hydro Boost
3. e.l.f. Skin Holy Hydration SPF 30
4. Vaseline



Toner

1. Medicube PDRN Pink Niacinamide Milky Toner
2. Anua Rice 70+ Ceramide Milky Toner
3. The Ordinary Glycolic Acid Toner



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Cleansers

1. Banu Chamomile Jelly Cleanser
2. Skin Non-Negotiables Olive & Enzyme PM Cleanser
3. Neutrogena Ultra Light Cleansing Oil



Body Oils

1. Bioderma Atoderm Cleansing Oil *(for body, face & hands)*
2. Nurium The Smoother Glycolic Acid Body Wash



Serums

1. The Ordinary Rice, Lipids & Ectoin Micro-Emulsion
2. TosoWoong Nine Peptide Skin Booster Serum
3. e.l.f. Skin Vitamin C + E + Ferulic Serum
4. Volufiline 92% targeted plumping serum
5. Volume Up Time Block Serum with Volufiline
6. Nurium Multi Peptide Advanced Serum
7. Medical-grade needleless growth factor serum



Dark Spot Corrector

1. Phyto-Blanc
2. Sungboon Koji Acid Niacinamide Brightening Ampoule
3. Sungboon PDRN Pink Vitamin Glow Boosting Ampoule



Eyes

1. Exuviance Total 360 Eye Contour



Additional Creams

1. d'Alba Piedmont Intensive Volufiline Grinding Cream for Firmer Skin
2. Dr Reju-All Advanced Ceramide Barrier Cream

